



Connect

Carnon Downs, Devoran, Feock
and Point & Penpol



Devoran School Community Garden

Photo: Debra Roberts

*** Keep healthy ***

*** Keep informed ***

*** Keep interested ***

This weekly news sheet is published by Feock Parish Council in response to the unprecedented situation in which we all find ourselves – welcome to issue number 12.

Don't forget the latest up to date information on Coronavirus and changes to lock down can be found online www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response Find out more about the new 'Support Bubbles' that come in to effect on 13th June.

Be alert to Test and Trace potential scam!

People are being advised to be on the lookout for possible scams related to the Test and Trace service, which launched on the 28 May to help control the COVID-19 virus. There may be attempts by scammers to try to use the same methods as the Test and Trace to obtain personal information. People will be alerted by the NHS Test and Trace service if they have been in close contact with someone who has tested positive for coronavirus.

Contact tracers will:

- ✓ call from 0300 013 5000
- ✓ send text messages from 'NHS' ask people to sign into the [NHS test and trace contact-tracing website](https://nhs.uk/test-trace)
- ✓ ask for full name and date of birth to confirm identity, and postcode to offer support while self-isolating
- ✓ ask about the coronavirus symptoms
- ✓ ask people to provide the name, telephone number and/or email address of anyone they have had close contact with in the two days prior to symptoms starting
- ✓ ask if anyone they have been in contact with is under 18 or lives outside of England

They will not ask:

- ✗ for bank details, or payments
- ✗ for details of any other accounts, such as social media
- ✗ set up a password or PIN number over the phone to call a premium rate number, such as those starting 09 or 087

Cornwall Council update *by Cornwall Councillor Martyn Alvey*

Thank you to everyone who continues to adhere to the government guidance at this difficult time. I understand that the ongoing easing of the lockdown will have been welcomed by many, but for others there will be a feeling of unease. There is noticeably more traffic on the road and an increasing sense of a return to normal (or at least a 'new normal'), but for many, particularly older residents and those with underlying health condition, social isolation and shielding will continue for the foreseeable future. If you believe an individual or business is breaching the regulations the following link provides detail of the relevant authority to report it to.



<https://www.cornwall.gov.uk/health-and-social-care/public-health-cornwall/information-about-coronavirus-covid-19/report-a-concern-related-to-coronavirus-rules/>

Latest official Coronavirus figures for Cornwall

The cumulative number of confirmed cases of Covid19 across Cornwall and the Isles of Scilly stands at 576 as at 1 Jun (Source: UK.GOV) which is only 3 additional cases since last Tuesday. A rate of 101.4 per 100,000, this rate still places Cornwall and the Isles of Scilly the 4th lowest of all top tier Councils in England. Some may have been alarmed to hear that the South West has the highest 'R' rate in the country at 0.9, however, please be reassured that this figure represents 'The Greater South West' and includes Bristol and Weston-Super-Mare, both locations of large outbreaks that skew the South West figures. Two further deaths have been registered in Cornwall and the Isles of Scilly. The number of deaths involving Covid19 remains at 63 in care homes and 18 in the community/at home. There have now been 111 deaths involving Covid19 in hospitals (192 in total).

Household Waste Recycling Centres (HWRCs)

By the end of the week, all of Cornwall's 14 HWRCs will be open again, with some, including those used by Feock Parish residents easing off current restrictions allowing the reintroduction of trailers onsite. There will also be reduced traffic management measures at some sites. All sites will now accept trailers in accordance with the existing permit system, and the number plate entry system remains in place. If the last digit in your number plate is odd, please visit on an odd date of the month, if it is '0' or even, visit on an even date.

Public Toilets

The Council is planning to reopen the few Cornwall Council owned public toilets by 15th June, starting with those at beaches, once we have the appropriate social distancing and hygiene measures in place. Most public toilets are managed by town and parish councils or community groups, who Cornwall Council is working with and advising on how to safely reopen their toilets.

Social distancing in public places

Following on from the announcement that our high streets can once again re-open for business as of the 15 June, the Council has developed a toolkit to enable local communities to be able to develop measures to support people to be able to socially distance in our towns. At the heart of the approach is a trust that the vast majority of our residents and communities will do the right thing – to follow the Government's social distancing guidelines. There has been clear and consistent messaging around two metre social distancing.

The following link sets out the Highway Toolkit along with a FAQ page and the Government's 'Safer Public Spaces: Urban Centres and Green Spaces' document <https://www.cornwall.gov.uk/transport-and-streets/roads-highways-and-pavements/social-distancing-a-guide-for-towns-parishes-and-businesses>

As town centres re-open the key principles of Cornwall Council's role is:

- Not to develop or impose plans on communities. However, the Council will support plans that are led by communities, and which are ideally owned by Town and Parish Councils, but there is no expectation that plans must be created
- The Council will advise and put things in place, in areas where they can best use our expertise. This includes traffic management and temporary closures of streets to traffic
- The Council trusts communities and businesses to do what is right in their area. This removes the need for businesses to seek permissions to use outside space
- Working with public transport operators to put social distancing messages in place. The messages will be in line with national guidance. Messages will be in Council pay and display car parks, as well as rail stations, bus stations and shelters
- Measures must consider safe access for all users
- Cornwall Council has built a toolkit to support communities developing their traffic management plans. [Download the Social Distancing with the Highway Toolkit here.](#)

RNLI lifeguard provision

The RNLI have identified the beaches for life-guarding based on a number of issues including beach/sea risk profile, record of previous incidents and number of expected visitors. Outside of this all beaches that would normally have lifeguards are part of a Cornwall Beach Safety Plan being developed with partners including police, coastguards and local surf lifesaving clubs. Seven beaches received lifeguard cover from Saturday 29 May - Widemouth, Gwithian, Fistral, Mawgan Porth, Polzeath, Constantine, Perranporth - and since then lifeguarding has also started at Porthtowan. Details of the deployment of lifeguards to other beaches is currently being finalised and will hopefully be announced soon.

Local management plans for testing and tracing

The NHS Test and Trace Service was launched on Thursday 28 May. This service is nationally deliv-

ered and will help identify, contain and reduce the spread of the virus. Anyone who tests positive for coronavirus will be contacted by NHS Test and Trace and will be asked to share information about their recent interactions. This could include household members, or other people with whom they have been in direct contact, or within two metres for more than 15 minutes.

Most contact tracing will be undertaken by the national service provision, although an NHS app is expected to supplement this in the next few weeks. Cornwall is already receiving information on the contact tracing being undertaken within our population. Where there are outbreaks or cases in more complex situations - care homes, group accommodation, schools - the enhanced Health Protection Teams in Public Health England (SW Centre) will continue to lead, with local support and 'on the ground' intelligence provided by the Council's Public Health team.

All areas in England are now in the process of developing new local Outbreak Control Plans, to explain the joint local response to reduce the spread of the virus. Local authorities will work with Government to support test and trace services in their local communities, working with local NHS and other stakeholders. The development of the Outbreak Control Plan for Cornwall and the Isles of Scilly will be led by the Council's Director of Public Health in conjunction with key partners and focus on identifying and containing potential outbreaks in places such as workplaces, care homes and schools. The new plans need to be in place by the end of the month.

Update on schools

At the start of the week primary schools across England started the process of gradually extending pupil attendance, starting with children in reception, year 1 and year 6. In Cornwall 234 out of 235 primary schools are open, although a number of schools are taking more of a phased approach to increasing pupil numbers across those year groups during the month, aligning with the reopening of secondary schools to years 10 and 12. Cornwall Council is providing support for the pupils at the primary school that remains closed due to shielding issues impacting on staffing. The process for reopening or extending their provision has been different for each school due to their settings and subject to consultation with the Council's Educa-

tion Team and the Department for Education (DfE), and in accordance with the schools own thorough risk assessment.

The DfE will be publishing figures on the number of young people who have attended but based on Council data we are expecting a take up of approximately 50%. Head teachers, teachers and school staff have gone above and beyond to support vulnerable children and key workers during the pandemic and those who have increased their offer this week or will do so over the next month have shown resilience and a real respect for the needs of their communities.

Shielding update

Since April, NHS England instructed all GP practices to regularly review their shielded patients as a part of changing their working practices. GPs get an updated list of all their shielded patients on a weekly basis, issued by the central shielded patient list constructed from the weekly 'sweeps' of both GP data bases and hospital data basis to help them do the review. This review is constantly being undertaken as the guidance has been updated throughout the pandemic. As a result of these continuous reviews Cornwall's shielded population has steadily risen from a starting number of 19,000 to over 25,300 today.

On a national level we are aware of some people being notified that they are no longer considered extremely clinically vulnerable via a text message sent by Government but in Cornwall the general trend has been of growth rather than reduction in the size of the cohort. The decision on who meets the criteria for shielding is a clinical one and should always be managed between the GP and the individual.

There have been some issues with some patients not being on the national list, even when the GP has coded them to be on the list and this has been followed up both by the practice and NHS Kernow. Planning is now happening for shielded patients to receive their flu vaccinations as going to the surgery is not a viable option for them due to contact with other people. Specific arrangements are being put in place to keep these people safe.

Parish Council business

Planning

As the Parish Council are currently unable to hold public meetings, Council business will be conducted as shown on our website. For the planning meetings, we have put in place processes that we hope will still give residents the opportunity to participate and have input on the items being discussed.

Details of planning applications that have been received this week for consultee comment by the Parish Council will be included in this newsletter and are also shown on the Current Planning Applications page of the Parish Council's website and Facebook page.

If you have any views on these applications that you would like Parish Councillors to be aware of before agreeing their consultee comment to Cornwall Council please make them in writing in an email to debbie@feockparishcouncil.co.uk **as soon as possible**. Cornwall Council deadlines for neighbour comments are available via the links under each application.

Planning applications received this week

PA20/04174 (28) - 1 St Johns Terrace **Devoran** TR3 6PT

Demolition of existing garage and creation of a parking space

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=QAOIOLFGM2600>

PA20/04273 (29) - The Hollies 3 Wellington Plantation Penelewey **Feock** TR3 6QP

Works to trees namely - to fell 2 Oak trees subject to a Tree Preservation Order (TPO)

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=QAXYUHFGJIM00>

PA20/04344 (30)

26 Trevallion Park **Feock** TR3 6RS—Single storey rear bedroom extension

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=QB1PRIFGLWJ00>

PA20/04300 (31)

Pentui Pill Lane **Feock** TR3 6SE—Construction of a single infill dwellinghouse

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=QAZJX5FGKHY00>

PA20/04285 (32)

Bramble Bank Pill Lane **Feock** TR3 6SE—Proposed single storey side extension to North West side of existing building. Minor refurbishments to existing ground floor. Extended existing ground floor decking and new steps.

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=QAY625FGJNC00>

Our playgrounds are still closed

Please note that following the governments recent announcement all our playgrounds remain closed due to the Coronavirus pandemic. **However, we are really pleased that we have been able to re-open the Pengelly Meadows Recreation Area in Carnon Downs, as this does not have any play equipment which in turn may spread the virus by surface transfer. The pedestrian gate will be staked open to minimise the number of people touching the same surface.**

We have had reports of people using the play equipment in Park an Gwarry in Carnon Downs—the reason the parks are closed is because of the **risk of the virus being transferred on surfaces of play equipment** - please do not encourage the spread of the virus by using the parks before they are open!

Our contractors continue to maintain the parks to ensure that when we can re-open them they will be ready.



Pengelly Meadows Recreation area

Thought for the week

I can't breathe by Revd Dr Jonathan Rowe

Assistant Curate, Eight Saints Cluster, jonathan8saints@mail.com m: 07754 616611

'I can't breathe' were George Floyd's last words as he was pinned to the ground with a policeman's knee on his neck. These words have become a rallying call for protests across the globe. The Black Lives Matter demonstrations highlight how peoples' experiences of life can be so very different.

I'm sure many of us have lived or worked around the world. We may have experienced a little of what it's like to be considered as 'foreign'. But in most cases I suspect that we were also relatively well off and secure. My only experience of being mistaken for someone from an economically poor minority group was salutary. It gave me the tiniest insight into what it might be like to live a life in which others are always disparaging and dismissive.

Whether we believe that people are all worthy of dignity because we are made in the image of God or for some other reason, the least we can do is live in ways that enable others to breathe.

Round and about — stories and pictures from our parish

Loe Beach update

The **BOATYARD & CARPARK** at Loe Beach will be open from Monday 1st June for **MOORING HOLDERS ONLY**. This means the beach, boatyard and carpark are still closed to the public for now.

Boat owners will be allowed in to work on their boats for the hours that Mark is down at the beach.

The **SLIPWAY & BEACH** are still **CLOSED**. If everything goes well, the beach and carpark will be opening up for the public in JULY. If you have any enquiries, please contact Mark.
Stay safe and thanks for your support

Supporting those in need



Some of the families we help do not have an oven, sometimes not even a hob. Have you got any of these appliances you no longer use?

Please, have a look round at home and get in touch with Hidden Help email via the website or phone: 07794 738732 if you can help.

microwave oven

sandwich maker

electric kettle

slow cooker

electric frying pan

toaster

Food, how to get it and other useful services

The details of food and other delivery services previously included in the newsletters are now in the separate 'food & services' attachment for ease of reading which is available at <http://www.feockparishcouncil.co.uk/coronavirus>

On the buses



There is a new timetable operating from the 1st June, details on the www.transportforcornwall.co.uk website, or ask@transportforcornwall.co.uk

Alternatively you can call 0808 196 2632 to ask for a paper copy of the timetable to be sent to you.

The Parish Council have requested an amendment to the timetable to allow residents of Feock village to use the 493 bus to get to Trelissick Gardens in the morning from the village which has now been put in place in the new timetable.

The Parish Council are however aware of the diversion currently in place in Feock village where the bus is not able to serve the route past Green Close and the Church due to overgrown hedges/trees and are working with Cornwall Council to urgently reinstate this route.

A new face!

Rebecca Rawbone joins the HAIRE team

Hi! My name is Bex Rawbone and I have recently been appointed by Feock Parish Council to the role of Project Co-ordinator for the HAIRE Project. I'm sure you are all aware of the 'Healthy Ageing Through Innovation in Rural Europe' programme that Feock Parish is taking part in with Exeter University, and this is what I'll be working on.



So here's a little bit about me: I am a Cornish girl and I feel privileged to live in such a beautiful County having a love for swimming, the beaches, kayaking on the Roseland and anything outdoors. I'd say I'm a dab hand in the kitchen! I can make something out of nothing and I love baking with my 3 year old son. I travel when I can and I recently visited family in Australia over Christmas and explored with my family the very beautiful New Zealand. But now I'm back and it's down to business.

I have 14 years experience working in Social Services originally supporting vulnerable adults and more recently a manager of a team arranging care packages to enable people to return to their homes after a period in hospital. As Coordinator for HAIRE, I will be able to draw on my Degree in business and tourism, as well as my experience in customer service and get great satisfaction in problem solving and helping people.

I am really looking forward to getting stuck into the project and meeting you. I hope that what we develop has a long lasting legacy on your local community.



Please feel free to get in touch with me (after 22nd June when I start in my role) or any of my colleagues at the Parish Council if you would like to know anything more about this project and/or how to get involved.

Healthwatch Survey

The Healthwatch Survey has been launched and aims to investigate the impact of Covid-19 on people across Cornwall and the Isles of Scilly. This includes how changes in health and social care services have affected people, as well as the impact of Covid-19 on mental wellbeing. It also looks into what information and services people are accessing and what else could be done to support people. Please also promote widely with the below link;

<https://www.surveymonkey.co.uk/r/cornwallcoronavirussurvey>

Sharon Nettleton, Community Navigator
Tel: 07747750962
Email: Sharon.nettleton1@nhs.net



**Devon & Cornwall Police**

Rogue Traders

Please be wary of rogue traders cold calling, please do not agree to work offered by unsolicited door-step callers, the risks are high.

If you want work doing in your home or garden, take time to get three quotes from reputable businesses you trust and make your decision on who to use in your own time.

If you are concerned someone is at risk, always call the police.

If you are concerned rogue traders are operating in your area, always report it.

If someone knocks on your door and you are not sure, don't open the door.

If you see cold callers in the area, have concerns for neighbours, or have any information please phone 101 or email 101@dc.police.uk

Please phone **999** if immediate/or a crime is taking place.

Please pass this information on to neighbours.

Thank you.

Have you seen "Poppy"?



This little girl's boat has disappeared from her creekside garden. Sadly this appears to be one of a number of disappearances in recent weeks. It is a red Starfish dinghy, very distinctive. Crime reference number CR/045543/20.

The second boat stolen recently was from Devoran Quay, a Dell Quay Dory boat with serial number 7738, along with trailer and outboard engine, was stolen between 9am on Wednesday 3 June and 9pm on Sunday 7 June 2020 - CR/045524/20.

If you have any information about either of the above thefts, please phone 101 or email 101@dc.police.uk quoting the crime reference.

Knitting to help Age UK

Smoothie Hats

The hats are knitted and placed onto Innocent Smoothie bottles to raise money for Age UK, pattern details and further info can be found online with patterns for all abilities @ thebigknit.co.uk

Returning a hat is free and easy. Just pop it in an envelope, write **Freepost BIG KNIT** on it in big letters, and stick it in a post box. Your hat will find its way back to us. Here is one of the many patterns available on line, suitable for beginners.



Heart bobble hat by Juliet Bernard

What you need

Yarn: Blue and white double knit
Needles: 4mm

What you do

Cast on 31 sts in white

Knit 1 row (garter st)

Change to blue and knit 1 row

Work to row 14

Continue in blue

Next row: k2together to last st, k1 (16sts)

Next row: purl

Next row: k2 together to end (8sts)

Cut the yarn leaving approx 10cm length.

Thread this through a sewing needle and bring through stitches and pull up to tighten.

Making up

Use a sewing needle to join side seams.

Make a pompom in blue and sew securely to top of the hat.

Abbreviations: St(s) - stitch(es)

st st – stocking or garter stitch

k2tog - knit two together



Bunting

The bunting goes back to the project started last year for Pre school, if people can knit a triangle as per pattern in any colour, plain, striped, decorated, people can get as creative as they like, Pre school can use for special events in the classroom or outside for the community to admire.

How to make it

Step-1 Using 5 mm needles cast on 30 sts.

Row 1 (Wrong Side): Knit.

Row 2 (Right Side): (K2tog, yo) rep to last 2 sts, k2tog.

Row 3 Knit.

Step-2 Row 4 K1, ssk (slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle then knot through back loops together), K to last 3 sts, k2tog, K1.

Row 5 Knit.

Row 6 Knit. Rep rows 3-6 until there are 5 sts left.

Step-3 Next row (Wrong Side) Knit.

Next row K1, sl(slip one) 2tog, K1, pssso (pass the slip stitch over), K1.

Next row Knit.

Next row Sl(Slip one) 2tog, K1, pssso (pass the slip stitch over).

Step-4 How to Make Up: Draw yarn through remaining stitch and weave in ends. Thread ribbon through eyelets.

Items will be collected and taken for laundering – please contact Sharon Nettleton to arrange.

Some more beautiful photos from out and about—sights and scents of Summer!



Rosa 'Heavenly Scented'



Poppies



Common Blue butterfly by Debbie Earle



Wild Honeysuckle



A Summers Day in Feock



Thrift!

What's On & things to do!

Slightly different to our normal What's On listing but below are things happening virtually, online or activities you can do at home to help occupy you! Please send us anything you come across for inclusion here!

Painting Paradise: The Art of the Garden

Gardens are where man and nature meet. They change by the hour, day to day, and with the seasons. They carry associations about the status, approach to life, and sometimes even the political affiliations of their creators. Gardens may be intended for public enjoyment or private delight; they may be open to the masses or closed to all but a chosen few. They may be places of scientific study, havens for the solitary thinker, spaces for flirtation and for love.

A new exhibition at the Queens Gallery, Buckingham Palace, London gives a tantalising insight into the history of gardens and their importance to all human beings.

<https://www.rct.uk/collection/themes/exhibitions/painting-paradise/the-queens-gallery-buckingham-palace/painting-paradise-the-art-of-the-garden>

Met Opera

Monday, June 15 [Rossini's *Armida*](#)

Tuesday, June 16 [Rossini's *Semiramide*](#)

Wednesday, June 17 [Gluck's *Iphigénie en Tauride*](#)

Thursday, June 18 [Verdi's *La Forza del Destino*](#)

Friday, June 19 [Philip Glass's *Akhmatov*](#)

Saturday, June 20 [Philip Glass's *Satyagraha*](#)

Sunday, June 21 [Verdi's *La Traviata*](#)

<https://www.metopera.org/user-information/nightly-met-opera-streams/>

The Globe

15 June - A Midsummer Night's Dream <https://www.youtube.com/user/ShakespearesGlobe>

Share your stories, useful information, village pictures, Fantastic Feockers, jokes and fun photos (pets, village views etc) for the next edition—please send to bee.robson@me.com

Get in touch

- **Feock Parish Council, The Old Market Hall, Market Street, Devoran, TR3 6QA.**
- Office currently closed and staff are working from home
- Coronavirus helpline: **07904 547822** or debra@feockparishcouncil.co.uk Debra Roberts, Parish Clerk
- Email debbie@feockparishcouncil.co.uk Debbie Searle, Assistant Parish Clerk
- Tel: 07747 750962 — Sharon Nettleton, Community Navigator, Community Connect
- Your Feock Parish Councillors—contact details are listed on the website and on the village noticeboards
- Cornwall Council Call Centre for shielded groups 0300 1234 334
- Volunteer Cornwall 01872 266988
- Government Shielding number 0800 028 8327
- Cornwall Councillor Cllr Martyn Alvey 01872 263958 or 07581 736347



Feock Parish Council



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