



Calm morning on Pill Creek by Jackie Lawer

*** Keep healthy ***

*** Keep informed ***

*** Keep interested ***

This weekly news sheet is published by Feock Parish Council in response to the unprecedented situation in which we all find ourselves – welcome to issue number 9.

Don't forget the latest up to date information on Coronavirus and changes to lock down can be found online www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response

Household waste and recycling centres reopening (HWRC)

Our 'tips' have been closed but are now going to re-open but on a limited basis, so it is important that you know the new rules before you go.

As of Tuesday 19th May the Truro, United Downs and Penryn HWRCs will be open on a restricted basis. They will accept only essential items, by which they mean:

- garden waste
- general rubbish (black bag)
- NOTHING ELSE (no re-cycling etc).



Also there are restrictions on who can use the facility, and when, based on car number plates.

If your vehicle's registration ends with an even number (eg WK12MCE) you may only visit a site on an even day of the month (eg 2nd, 4th, 6th etc). If your plate ends with an odd number (eg WK65CME) you may only visit on an odd date, (eg 1st, 3rd, 5th etc)

Please note that during this difficult time members of staff are NOT allowed to help you move your waste— also, only ONE person is allowed out of your car at any time SO IF YOU CAN'T LIFT IT AND DISPOSE OF IT YOURSELF, THEN DON'T GO.

It is expected that there will be queues. Only go if there is genuinely no alternative (including just storing the waste until the situation eases). A full list of guidelines is available on the Cornwall Council's website www.cornwall.gov.uk/environment-and-planning/recycling-rubbish-and-waste/household-waste-and-recycling-centres/

Parkland & Woodland Walks at Trelissick to re-open from 25th May

Jon Cummings, Visitor Manager at Trelissick in this video tells how Trelissick is reopening the parkland and explains the arrangements we need to follow to make full use of this valued local facility. Visits **must** be booked online and people who have not booked will be turned away. https://youtu.be/cYnVu_TTkZ0

Easing of lockdown *by Cornwall Councillor Martyn Alvey*

Thank you to everyone who continues to adhere to the government guidance at this difficult time. I understand that the slight easing of the lockdown will have been welcomed by many, but for others there will be a feeling it was 'too soon'.

There has been noticeably more traffic on the road this week, but for many, particularly older residents and those with underlying health condition, social isolation and shielding will continue for the foreseeable future. It's important to emphasise that in the detail of the new guidance is specific reference stating that travelling to holiday accommodation and second homes is still not permitted. If you believe an individual or business is breaching the regulations the following link provides detail of the relevant authority to report it to.

<https://www.cornwall.gov.uk/health-and-social-care/public-health-cornwall/information-about-coronavirus-covid-19/report-a-concern-related-to-coronavirus-rules/>



Latest official Coronavirus figures for Cornwall

The cumulative number of confirmed cases of Covid19 across Cornwall and the Isles of Scilly stands at 547 as at 11 May (Source: UK.GOV) which is a rate of 96.3 per 100,000, this rate places Cornwall and the Isles of Scilly amongst the lowest 5% local authority areas across England. 158 Covid19 deaths have occurred across Cornwall and the Isles of Scilly (28 December 2019 and 1 May 2020) accounting for 7% of all deaths over the period. The number of deaths involving Covid19 in care homes that were registered by 1 May was 44 (7% of all deaths in care homes over the period). There were also 98 deaths involving Covid19 in hospitals and 16 in the community/at home (158 in total). Males had a significantly higher rate of death due to Covid19 across Cornwall and the Isles of Scilly; the rate was more than double that of females. This reflects trends nationally. The 547 confirmed cases are likely to be an underestimate of the actual number of cases as it only captures those that were tested and confirmed as positive for Covid19.

Our Plan to Rebuild

The government report on COVID -19 although there is much that is still unclear there are some important points emerging and lessons being reinforced.

People may exercise outside as many times a day as they wish but with only one person outside their household. This exercise can include walking and sailing but not team sports. People may drive to outside open spaces irrespective of distance so long as they respect social distancing guidance whilst they are there, because this does not involve contact with people outside their household.

Keeping indoor spaces well ventilated is now believed to reduce the transfer of the virus. Social distancing is better done side by side than face to face but should still be two metres apart. People who are shielded should continue to stay at home. People over 70 and/or with liver disease and pregnant women should stay at home as much as possible. The Parish Council is providing support for people in these categories contact them on 07904 547822 or Cornwall Council on 0300 1234 334

Quick reference

Email and websites

Feockparishcouncil.co.uk/coronavirus
covid19@cornwall.gov.uk
requestforhelp@volunteercornwall.org.uk
shielded.patients@nhs.net
www.gov.uk/coronavirus-extremely-vulnerable

Telephone numbers

Call Centre for shielded groups **0300 1234 334**
 Volunteer Cornwall **01872 266988**
 Government Shielding number **0800 028 8327**
 Feock Parish Council **07904 547822**
 Cllr Martyn Alvey 01872 263958/07581 736347

Parish Council business

Planning

As the Parish Council are currently unable to hold public meetings, Council business will be conducted as shown on our website. For the planning meetings, we have put in place processes that we hope will still give residents the opportunity to participate and have input on the items being discussed.

Below are the applications that have been received this week for consultee comment by the Parish Council, If you have any views on these applications that you would like Parish Councillors to be aware of before agreeing their consultee comment to Cornwall Council please make them in writing in an email to debbie@feockparishcouncil.co.uk.

The deadline for your comments is 5pm on Sunday 24th May 2020.

PA20/03820 (17) - Camellia House Trevilla Hill Feock TR3 6QG

Proposed Detached Single Double Garage with Windows Doors Skylights

Please use this link to view full details via Cornwall Council's online planning register:

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=Q9XNABFGL5A00>

PA20/03898 (18) - The Ropery Ropewalk Penpol Devoran TR3 6NS

Notification of works to a tree in a conservation area - Crown reduction of a Magnolia

Please use this link to view full details via Cornwall Council's online planning register:

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=QA65QQFGIMQ00>

PA20/03143 (19) - Bay View Mount George Road Penelewey Feock TR3 6QX

Proposed extensions, new rear dormer and alterations

Please use this link to view full details via Cornwall Council's online planning register:

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=Q8ICSEFGL1S00>

PA20/02956 (20) - Land West of Greenbank House Feock TR3 6RG

Proposed new timber clad barn within existing agricultural holding

Please use this link to view full details via Cornwall Council's online planning register:

<http://planning.cornwall.gov.uk/online-applications/applicationDetails.do?activeTab=summary&keyVal=Q87H5DFGLYP00>



Our playgrounds and recreation areas are still closed

Please note that following the government announcement earlier this week all our playgrounds and recreation areas remain closed due to the Coronavirus pandemic.

Please do not use them, we will re-open them when it is safe to do so. Also please note dogs are not allowed in any of our parks **at any time**, we have had further reports of dogs being walked in the Pengelly Meadows recreation area in Carnon Downs.

We have also had reports of people using the play equipment in Park an Gwarry in Carnon Downs—the reason the parks are closed is because of the risk of the virus being transferred on surfaces of play equipment - please do not encourage the spread of the virus by using the parks before they are open!

Our contractors continue to maintain them to ensure that when we can re-open them they will be ready.



Thought for the week

Learning Common Sense

by Revd Dr Jonathan Rowe

Assistant Curate, Eight Saints Cluster

jonathan8saints@mail.com m: 07754 616611

Our politicians have encouraged us to use our common sense. Rather than relying upon a detailed rule for every eventuality, we are told to live in the shadow of the coronavirus by staying alert and adapting to each situation.

Common sense seems so, well, sensible. It's not highfalutin or pretentious or erudite, but the thinking and living of the common man or woman: down to earth and practical, born from and grounded in experience. Common sense is also shared. It's sensible wisdom for everyone from a particular group or society.

For these reasons, shared experiences can alter what we consider common sense. Our current situation, for example, is teaching us once again the importance of nature, of sharing, of creating time for others and of the spiritual dimensions of life. When we emerge from lockdown, how common will this new sensitivity be?



Feock Trails

You can find out more about our Feock Trails round walks on www.feockpc.com/feockparishwalks they cover Devoran, Carnon Mine and the adjacent creek that lies within the Gwennap mining district, part of the Cornish Mining World Heritage site.

This status celebrates the pioneering technological advances which supported the industrial revolution, considered by UNESCO as significant to the whole of humanity. Throughout these selection of 9 walks we explore the past of the villages of the parish and their people. The walks are available as paper copies but you can also download them from our website. There are also QR codes at landmarks which you can scan with a mobile and access more information.

Remembering Basil Tallack

Lewis Hocking sent in this story following up Bob Richards article '*We will remember them*' and refers to **Basil Tallack**.

Growing up at Ringwell the Tallacks at Croft Hill were near neighbours and although I was too young to know Basil, I knew his parents well and his sister Betty who was a teacher at Kea C.P. School. She had three daughters who no longer live in Cornwall so I forwarded the Connect Newsletter to them and had a response from all three appreciating Bob's remembrance article on the uncle they always heard about but of course never knew. The newsletter is being added to their family history.

Defend yourself now and in the future

Germ Defence provides advice on how you can protect yourself, not only from Covid-19 but also from other viruses. Covid-19 is caught in the same way as other viruses. It only takes about 10 minutes to go through the information and it's worth it, because it can protect you from the coronavirus AND give you a lifetime of fewer colds and flu. This advice was developed by health experts and is proven to reduce illness in a study of over 20,000 people. **People who followed the advice in Germ Defence were less likely to catch pandemic flu or other viruses - and if they did become ill the illness was shorter and milder on average.** [Look up www.germdefence.org](http://www.germdefence.org).

Our Community

Michael Morpurgo: Time to stand and stare. The children's author reflects on the importance of community during coronavirus, why recently it has begun to feel personal, and what elements of life it is crucial we preserve for the next generation.

I'm in an open prison. I've been inside for five weeks now. My fellow inmate – only one of them – is a good enough companion, easy to be with. We get on well enough; well, we should after 57 years. We look out into a garden where tulips grow, where a pheasant struts his stuff outside our window, where pied wagtails run about, wagging their tails, and swallows swoop over the roof and down into their nest, and a blackbird sings to me and I sing back. I watch him for hours, because I've got time; time to stand and stare, as the poem goes.

And we are allowed out of the gates once a day for half an hour for a walk. It's against the rules if you meet someone to stand and talk. But there aren't many people about anyway. Sheep, cows, deer springing away into the wood, fish rising in the river, the river where Tarka the Otter fished, where poets and writers walked – a publisher once too, who had a notion to call his books Penguins or Puffins. As we walk we can talk about them all. And about the heron and the otter tracks we've just seen, we think. So we do, often. No one else to talk to except one another, and we've said it all before. But that's all right. Doesn't stop us saying it again.

'We try not to talk about the virus with the funny name, because it's not funny'

We talk memories mostly, argue about dates and chronology, stop to look at early purple orchids and primroses. Watch the bumblebees in the sunshine and look for the buzzards up in the blazing blue, but it's too bright to see them. We know they're up there wheeling about somewhere. They're mewing at us, or maybe at one another.

We try not to talk about the virus with the funny name, because it's not funny. And because you might miss the kingfisher flashing by, or be distracted from the scent of the bluebells in the wood. It's all too easy to be distracted by this virus. It's too overwhelmingly universal to talk about, too widespread and too threatening to contemplate, too catastrophic in its consequences, and now just recently too personal.

The personal we do talk about. A man we've known in the town has died of this virus. He kept the fish-and-chip shop, was a firefighter, a good citizen, a friend. A dear cousin was taken to hospital in Sheffield a fortnight ago. It was touch and go for her. But she survived. My best friend at university is going through the illness in hospital as I write this. We think of her, talk of her, hope for her. And we being old – never knew we were until now – are cared for by neighbours, who were neighbours but who have become friends, good kind friends. We are spoilt rotten by kindness, and by great good fortune. Camaraderie, solidarity, community – the three great benefits of the virus.

'Camaraderie, solidarity, community – the three great benefits of the virus'

Others are not as lucky as we are. As we wander the fields we think of the children who would be here, should be here, but for this virus. And this is personal too. There should be 35 children from a primary school in London walking these fields, as we are, checking the lambing sheep, going to feed cows and calves with the farmer. They should be playing out in their field this evening before bedtime, or standing and staring at distant Dartmoor, before coming in for a story by the fire.

But they can't be here, because [Farms for City Children](#) – our 45-year-old charity, with its three working farms which become countryside homes for a week, for over 100,000 city children – has had to close down. We saw the last children walking away down the lane over a month ago. That's why this virus is personal. It's driven them away. It's keeping them away. For now.

'We have to give our children the time to stand and stare, to wonder at the world that is theirs'

Somehow the charity and its supporters will get together and bring them back. We did it before when foot-and-mouth shut us down. We opened again when we could. And we will again. It will be more important than ever now. We have to give our children the time to stand and stare, to wonder at the world that is theirs, theirs to love, theirs to care for. We have in great part been responsible for making a hot-house of this world, turned need to greed and speed, taken not given. We have fire, pestilence, flood and war. All man-made. These children who cannot come to the farm this week are among those who can help put things right. Education will finally be the only way.

Gardens in the Parish

Who has the tallest Echium?

Thanks to everyone who entered—here are the results!

1. John Bray, Devoran Lane at 4.6m
2. Amanda Piercy, Feock at 3.8m (not pictured)
3. Mary Dodson, Feock at 3.2m
4. Keith Hambly-Staite, Feock

Devoran School Community Garden



British Trust for Ornithology

There is a very colourful and informative link: [How to spot 20 of the most common species of bird](#)

A robin abandoning social distancing in favour of a little something tasty!



Our Community

First trip up the mast for this young sailor!



Clapping on Point Road *by Ray Tredaval*

The Thursday evening hand clapping at Point Road has developed into an enjoyable social (by social distancing) and musical event. As you know music is a big part of my life and I took this opportunity to re-write the words to an old song "If your happy and you know it clap your hands". So now I have handed out more than two dozen copies of these words to the residents in our road and in Point Reach Estate and this has resulted in a social gathering which gets larger every week. Many join me on their guitars and accordions and we all sing together; what a wonderful event this has developed into and a real tribute to all the health workers and other key workers. Again, many thanks for the e-newsletter and we look forward to the next issue.

Lifting of sailing restrictions

Following the update to COVID-19 lockdown restrictions, which include allowing people to travel to the coast and swim in the sea, the RNLI issued advice saying that extra care needs to be taken. There is currently no RNLI Lifeguard cover on the beaches. Full details of their advice can be found on their website <https://rnli.org/news-and-media/2020/may/12/rnli-urges-people-to-take-extra-care-following-changes-to-government-guidance> They suggest

- Take care near cliffs - know your route and your limitations
- Have a plan - check the weather forecast and tide times
- If you fall into the water unexpectedly, FLOAT TO LIVE. Fight your instinct to thrash around, lean back, extend your arms and legs, and Float
- If boating, ensure your equipment is functioning and maintained

In any coastal emergency dial 999 or 112 and ask for the Coastguard.

Please be aware that Loe Beach remains closed.

Dogs

A number of beaches started restrictions on 15th May that will run until 30th September. The restrictions are daily from 10am to 6pm and cover Porthmeor Beach, St Ives, Porthminster Beach, St Ives, Trevone Beach, Padstow, Gyllyngvase Beach, Falmouth, Porthtowan Beach and Sennen Beach.

Food, how to get it and other useful services

The details of food and other delivery services previously included in the newsletters are now in the separate 'food & services' attachment for ease of reading, also available at <http://www.feockparishcouncil.co.uk/coronavirus>

Next week's lunches are all served with fresh vegetables: @ £7.50 each

Monday 25th May – Mediterranean Lasagne

Wednesday 27th May – Cottage Pie

Friday 29th May – Aga Roasted Pork

Call me on 01872 865106 if you want any of the above. Nina Davey



Chyreen Fruit Farm—now open again!

Social distancing measures are in place and payments accepted via bank transfer (card machine being arranged for contactless) or cash. As with Meadowside Nursery, if you place an order but are shielding so cannot pick it up please phone the Parish Council who will arrange a volunteer to deliver it to you. <https://www.facebook.com/ChyreenFruitFarm/>



Your help is needed to find the way out of COVID

Kings College, London has developed a tracker app to trace the whereabouts of COVID-19 in the UK. Some three million people have already downloaded the app and are using it to regularly report on their health and learn about the prevalence of the virus in their area.

Professor Tim Spector, Director of the Kings College project said that although the project had been extremely helpful in providing data about the virus there was one area that was underrepresented. It is known that the over 70's and those with pre-existing health conditions appear to be one of the high risk groups.

Unfortunately this is the group significantly under represented in providing data through the app. Significantly local residents who have already engaged in the project say that it is easy to use and the information already available to them is extremely useful and reassuring.

The project is supported by National Charities and the Royal Colleges and they are urging everyone, particularly those with heart disease, diabetes, arthritis, cancer and dementia to link up with their relatives,, or log on themselves to help build an accurate picture of how COVID-19 affects us all

Anyone can join the project study by downloading the simple free COVID Symptom Tracker app from covid.joinzoe.com and answering a few basic questions about their health and medications. They will then spend a minute checking in every day whether they are feeling physically healthy or experiencing any new symptoms. Although one is asked for an e-mail address this is simply to enable the project staff to contact participants with information and results and the information provided and recorded is made anonymous.

The results of this project and other Apps the Government will be introducing soon may well be the answer to how we can be unlocked to safely enjoy the friendship of family and friends again and those in employment can return to work and be more financially secure.

Dr Claire Steve's, the study leader said," we have been blown away by the public's response to the app and the data collected so far has been invaluable. However, we have a clear gap in the data, so in order for us to really understand how the virus affects those over 70 and those with pre-existing health conditions we need the support of the public more than ever to help us reach these individuals"

Message from Devoran Surgery

We are very aware of the inconvenience the temporary closure of our Devoran surgery is having on our patients who use this facility. We have reviewed this position each week with a view to re-opening the building to patients as soon as possible.

We need to ensure that we can safely protect both patients and staff and that any re-opening is done so with a long term view to maintaining the service offered. Whilst we cannot guarantee there will not be any further interruptions to our provision, we want to try and offer a more permanent and local solution to our patients.

As previously advised, we will be changing our patient record computer system at the practice but with a revised date of June 2020. The new system, called SystmOne, will bring exciting benefits to patients, such as the ability to use the NHS App, improved communication and on line access. It will also support our efficiency within the practice. This does mean that, on top of the current health crisis, we will need to invest more time on staff training. It is highly unlikely, therefore, that Devoran surgery will re-open before the end of June. We should like to extend a very grateful thanks to the parish councils and volunteers who have supported our patient's medicine collections and many other areas of support during this period and apologise that we have to request their continued involvement for the interim.

We thank you for your patience whilst we try to offer our local population the highest quality of care during these challenging times.

Chacewater & Devoran repeat prescription line 01872 562 201 (24 hours)

Carnon Downs repeat prescription line 01872 864424 (24 hours)

May Bank Holiday Opening Hours

Chacewater Surgery—closed Saturday 23rd, Sunday 24th and Monday 25th May.

Carnon Downs Surgery—closed Saturday 23rd, Sunday 24th and Monday 25th May.

All calls should be directed to 111 Out of Hours if the patient has an urgent medical problem that cannot wait until surgeries reopen on the Tuesday.

Mental Health Awareness Week, 18th to 24th May 2020

MindWell Week of Kindness Planner

Monday
Be kind to your mind

Do something that helps you relax or recharge today.



Take time out for an activity you enjoy or take a moment to breathe and shake out any tension.

Tuesday
Be kind to your body

Listen to what your body is telling you.

Did you sleep well?

Are you thirsty or hungry?

Do you need to stretch your legs?



Wednesday
Talk kindly to yourself

Notice your thoughts today.

How kindly do you talk to yourself? Would you talk to a friend in the same way?

Be your own cheerleader today.



Thursday
Spread kindness

Find a way, however small, to spread some kindness.

Send a supportive message to a friend and share a positive post online.

Or, think about how you could help or be kind to a neighbour (respecting social distancing).

Don't forget to Clap for carers tonight at 8pm.



Friday
Be kind and generous to others - it makes you feel good!

Take time to thank and be kind to others today.

If they've given you space to walk past, served you in a shop, delivered your post ... it's good to notice and appreciate others. Or, do a small act of kindness to make someone smile.

Saturday
Be kind to the world

Be kind to the planet today.

Recycle and repair and try to use less water and electricity.



Have a go at upcycling - reuse something old to make something new.

Sunday
Be kind every day

Which activities did you try this week? How did they make you feel? Decide on one or two that you could bring in to your everyday life - and keep doing them!

Use your mobile to set a daily reminder to do one act of kindness a day - for yourself. What will you do?



Mental Health Awareness Week 18-24 May 2020

MindWell - the mental health website for people in Leeds

#MentalHealthAwarenessWeek
#KindnessMatters

@MindWellLeeds



www.mindwell-leeds.org.uk

Out and about!

Thank you to everyone who has sent in such great photos, please keep them coming!



Azalea by Mary Dodson



Multi-coloured horses by Mary Dodson



Tunnel by Mary Dodson



Red Rhody by Mary Dodson



Pink rhody by Mary Dodson



Sunset at Restronguet Point —Loretta Neilson



Wisteria at Porthgidden by Keith Hambly-Staite



The Pandora by Debbie Earle



Wildflowers by Lola Roberts



Wildflowers by Lola Roberts



Orange Tip by Debbie Earle



Devoran by paddleboard by Finley Roberts

What's On & things to do!

Slightly different to our normal What's On listing but below are things happening virtually, online or activities you can do at home to help occupy you! Please send us anything you come across for inclusion here!

Unicycling for the NHS!

Well done to Adam, a student from Devoran who learned to unicycle while in lockdown and is cycled 40 miles (the equivalent of the distance from Penzance to the Isles of Scilly!) last weekend up and down the Old Tram Road in aid NHS Charities Together. So far he has raised £390 of his £500 target. Please support Adam if you can by visiting his Just Giving page <https://www.justgiving.com/fundraising/adam-west8>



Baking for the NHS!

Another well done to 6 year old Lilly-Grace from Carnon Downs who has raised £731 for the NHS Charities Together by holding a weekly bake sale in her garden. Although she has now finished her bake sales you can still donate on her Just Giving page <https://www.justgiving.com/fundraising/LG-Cafe>

Royal Academy - Hockney

The RA has released a documentary on the artist David Hockney designed originally only for cinemas. The "Exhibition on Screen" revisits the Bigger Picture exhibition in 2012 (I thought it was a couple of years ago) and "82 Portraits and One Still-Life" from 2016.

<https://www.royalacademy.org.uk/article/exhibition-on-screen-documentary-david-hockney>

St Mary's Perivale - Arts Centre

An Arts Centre (housed in an 800 year old church) had started streaming and recording classical concerts. <https://www.st-marys-perivale.org.uk/>

There are great number of recordings on their YouTube channel. https://www.youtube.com/channel/UC43OVDn283J_YlsucboMlw

Met Opera

Wednesday, May 20—[Verdi's Un Ballo in Maschera](#)

Thursday, May 21—[Puccini's Turandot](#)

Friday, May 22—[Mozart's Don Giovanni](#)

Saturday, May 23—[Gounod's Faust](#)

Sunday, May 24—[Massenet's Manon](#)

<https://www.metopera.org/user-information/nightly-met-opera-streams/>

The Globe

Sticking with Shakespeare the Globe is screening Romeo and Juliet from tonight until 3 May. That will be followed by:

1 June - The Merry Wives of Windsor (2019)

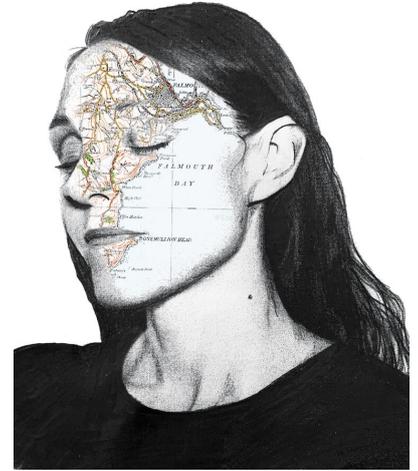
15 June - A Midsummer Night's Dream

<https://www.youtube.com/user/ShakespearesGlobe>

Surrounded By Sound

www.emilyalden.com/surrounded-by-sound

Emily who is one of our volunteers has produced a collection of 8 soundscapes from the shores of Gyllingvase (Gylly) & Grebe beaches in Falmouth, recorded during early 2019. The soundscapes are a unique type of immersive audio recording which gives the listener an extraordinary feeling of physical space & only needing a set of headphones to listen. Share the soundscapes with friends & family, rekindle memories, enjoy the beaches we aren't able to visit right now & escape through sound to Cornwall.



Food deliveries and other supplies

There are various companies offering delivery/collection either themselves or via the Parish Council* volunteer scheme. Full details available on the 'food/supplies' attachment with this newsletter.

Carnon Downs Spar*—07379 241780

Meadowside Nursery

Linden Hey Garden Tea Room

The Norway Inn

Baker Tom

Hansen Fine Foods

Penny's Pies

Almonds Newsagents

Westcountry Foods

Zoltan The Knife Sharpener

NEW! Chyreen Fruit Farm

RJ Trevarthen Butchers*—07904 547822

Carnon Downs Garden Centre

The Old Quay Inn

The Great Cornish Food Store

Incredible Bulk Zero Waste Shop

South Coast Fisheries

Devoran Market Fishman

Da Bara Bakery

The Royal Oak

The Old Cheese Shop

The Parish Council is also arranging delivery of prescriptions, phone to 07904 547822 to arrange.

Keep an eye on the **Devoran Village Market** Facebook page for details of when food vans will be visiting each week as these may be subject to change.

If you know of any others that would be useful to tell people about please let us know.

Share your stories, useful information, village pictures, Fantastic Feockers, jokes and fun photos (pets, village views etc) for the next edition—please send to mikerobson26@googlemail.com

Get in touch

- Feock Parish Council, The Old Market Hall, Market Street, Devoran, TR3 6QA.
- Office currently closed and staff are working from home
- Tel: 07904 547822 or debra@feockparishcouncil.co.uk Debra Roberts, Parish Clerk
- Email debbie@feockparishcouncil.co.uk Debbie Searle, Assistant Parish Clerk
- Tel: 07747 750962— Sharon Nettleton, Community Navigator, Community Connect
- Your Councillors—contact details are listed on the website, on the noticeboards